

Meet Sophie

Deputy Manager, Smitham Downs Road



Unfortunately the care home she was working in closed down but she soon found a similar position at Smitham Downs Road, where she has since been promoted to her current role as deputy manager.

Sophie has recently started a team leader qualification to support her in her role, and also hopes to do a level 4 diploma. The organisation provides regular training opportunities and Sophie is undertaking an internal management programme to further develop her skills.

Where can it take her?

Sophie originally thought she would move into the healthcare sector, but enjoys her job so much she's decided to stay in social care.

She hopes to develop her management skills and progress to become a registered manager and maybe open her own home in the future.

What would she say to others interested in a career in care?

If you get satisfaction from supporting people to achieve things then there's no better job you could be doing. Sophie says care work is so rewarding when you see people developing their independence and confidence.

There are so many opportunities in care that you'll never be out of a job

